

# MAPP Program and Products

## Group Preparation and Selection II/Model Approach to Partnerships in Parenting (GPS II/MAPP)

### Leader Certification Workshops

GPSII/MAPP is a program that helps prospective foster and adoptive parents make informed, mutual decisions with agency about whether foster parenting or adopting is right for their family.

Participants in the Leader Certification Workshops are prepared to co-lead the ten 3-hour meetings in the GPSII/MAPP program as well as to use family consultations and other tools of the program. All certified GPSII/MAPP leaders are also qualified to conduct Mini-MAPP.

*A Spanish language version of the GPSII/MAPP curriculum is made available to certified GPS II/MAPP Leaders.*

**Workshop Length:** 9 Days

**Prerequisite:** None

### Content of GPSII/MAPP:

Meeting 1: Welcome to the GPS II/MAPP Program

Meeting 2: Where the MAPP Leads: A Foster Care and Adoption Experience

Meeting 3: Losses and Gains: The Need to Be a Loss Expert

Meeting 4: Helping Children with Attachments

Meeting 5: Helping Children and Youth Learn to Manage Their Behaviors

Meeting 6: Helping Children with Birth Family Connections

Meeting 7: Gains and Losses: Helping Children Leave Foster Care

Meeting 8: Understanding the Impact of Fostering or Adopting

Meeting 9: Teamwork and Partnership in Foster Care and Adoption

Meeting 10: Endings & Beginnings

### How to Use GPSII/MAPP:

The ten meetings are designed to be offered sequentially by at least two leaders once a week along with the other tools of the program including family self-assessments, individual family consultations, and written development plans.

# **Deciding Together/MAPP (DT/MAPP)**

## **Leader Certification Workshops**

An alternative to GPSII/MAPP, Deciding Together provides a comprehensive preparation and mutual selection process for *individual* prospective foster and adoptive families who cannot participate in group meetings. Deciding Together can also be used by smaller agencies that do not have sufficient numbers of participants to make GPSII/MAPP a viable option.

Through these workshops, GPSII/MAPP leaders will learn how to work closely with the individual families using six parent guidebooks.

**Workshop Length:** 2 1/2 Days

**Prerequisite:** GPSII/MAPP Certification

### **Content of DT/MAPP:**

Book 1: Understanding Foster Care and Adoption Today

Book 2: Understanding Separation and Loss

Book 3: Helping Children Express and Meet Their Needs

Book 4: Helping Children Maintain and Build Connections

Book 5: Understanding the Impact of Fostering and Adopting on Families

Book 6: Building Support Systems for Foster and Adoptive Families

### **How to Use DT/MAPP:**

A special feature of the Deciding Together is its high degree of flexibility and adaptability. Leaders assign parts of the parent guidebooks for prospective foster /adoptive parents to complete prior to the consultations and reserve other activities in the guidebooks to complete with the family during consultations. The guidebooks are designed to allow individuals to proceed at their own pace. Prospective foster/adoptive parents and leaders can work out a mutually satisfactory schedule for at least seven consultations that are recommended to review the six guidebooks.

Each family should be given at least one week to complete each book.

# **COMPASS-FYI (First Year In-Service)**

## **Leader Certification Workshops**

COMPASS-FYI is an activity oriented and skills-based in-service training program designed for foster parents who have been certified through GPSII/MAPP. The program is composed of nine 3-hour sessions that build on the concepts introduced in GPSII/MAPP and focus on developing skills that foster parents use in everyday family life.

Through these workshops, certified GPSII/MAPP leaders learn how to facilitate the COMPASS-FYI program.

**Workshop Length:** 4 Days

**Prerequisite:** GPSII/MAPP Certification

### **Content of COMPASS-FYI:**

- Session 1: Fostering to Achieve Outcomes
- Session 2: Using Helping Skills to Build Relationships
- Session 3: Promoting Child Development
- Session 4: Supporting Emotional Security and Attachment
- Session 5: Helping Children Grieve
- Session 6: Supporting Reunification through Visitation
- Session 7: Providing Safety
- Session 8: Preparing Youth for Independent Living
- Session 9: Creating Partnerships and Working as Team

### **How to Use COMPASS-FYI:**

It is recommended that the first three sessions are delivered in sequence so that foster parents will have the foundation skills and information to be used in the remaining six sessions. All nine sessions also have a “stand alone” delivery option.

# **Shared Parenting/MAPP (SP/MAPP)**

## **Leader Certification Workshops**

Research indicates that the relationship between birth parents and foster parents predicts an important amount of success of permanency planning and well-being of the child. Shared Parenting offers 8 in-service training meetings that help foster parents to build essential skills for working effectively with birth parents in support of child safety, permanency, and well-being. Leaders will learn how to create an effective learning environment that meets the needs of experienced foster parents and how to model and apply the Strengths Approach in developing foster parenting skills.

**Workshop Length:** 4 Days

**Prerequisite:** GPSII/MAPP Certification

### **Content of SP/MAPP:**

Meeting 1: Finding A Way to Share

Meeting 2: Challenges to Partnerships in Parenting

Meeting 3: Making and Maintaining Boundaries

Meeting 4: Partnering with Parents Who Have Alcohol and Other Drug Problems

Meeting 5: Fear and Control

Meeting 6: Understanding the Impact of the Adoption and Safe Families Act (ASFA) and Shared Parenting

Meeting 7: Shared Parental Responsibilities

Meeting 8: Conflicting Family Cultures

### **How to use SP/MAPP:**

Each meeting may be conducted as a stand-alone 2 or 3 hour session, or the 8 meetings can also be delivered sequentially, building upon the skills of each prior meeting.

# **Fostering and Adopting the Child Who Has Been Sexually Abused/MAPP (CSA/MAPP)**

## **Leader Certification Workshops**

Studies suggest that many children in out-of-home care have experienced some form of sexual abuse. Often foster and adoptive parents are not adequately prepared for the disruptive behaviors of sexually abused children, nor are they prepared to address the child's disclosure of earlier sexual abuse. This 12-meeting in-service training program helps foster and adoptive parents develop the skills necessary to respond to the double trauma that children experience from being sexually abused and removed from their birth families. Leaders will learn how to create a safe and constructive training environment where sensitive issues can be discussed openly.

The first 5 "meetings" of the program are the "Core" meetings which are designed to meet the basic needs of foster/adoptive parents in understanding and meeting the needs of children who have been sexually abused.

The additional 7 meetings are "optional" meetings which are designed to meet the advanced needs of children who have been sexually abused

**Workshop Length:** 7 Days

**Prerequisite:** GPSII/MAPP Certification

### **Content of CSA/MAPP:**

Core Meeting 1: Understanding Child Sexual Abuse

Core Meeting 2: Identifying Possible Signs of Sexual Abuse in Children's Behavior

Core Meeting 3: The Effects of Sexual Abuse on Children's Needs

Core Meeting 4: Handling the Double Trauma of Sexual Abuse and Placement

Core Meeting 5: Managing Behaviors to Meet the Needs of Children Who Have Been Sexually Abused

Advanced Meeting 6: Managing the Impact on the Adoptive or Foster Family of a Child Who Has Been Sexually Abused

Advanced Meeting 7: Managing the Emotional Impact on the Adoptive or Foster Family of a Child Who Has Been Sexually Abused

Advanced Meeting 8: Responding to Disclosures of Prior Sexual Abuse

Advanced Meeting 9: Preventing Further Sexual Abuse

Advanced Meeting 10: Handling False Allegations of Sexual Abuse

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Sponsored by the New York State Office of Children and Family Services through a training and administrative services agreement with the Research Foundation for SUNY / Buffalo State / Center for Development of Human Services

Advanced Meeting 11: Teamwork with Mental Health, Legal and Social Service Providers for the Child Who Has Been Sexually Abused

Advanced Meeting 12: Partnership with Birth Families of Children Who Have Been Sexually Abused

**How to Use CSA/MAPP:**

The first five “core” meetings provide basic information on child sexual abuse. The remaining seven “advanced topic” meetings build on this foundation and offer a flexible design from which the parents or the agency may select in any order to most effectively meet their needs.

# **Caring for Our Own/MAPP (CFOO/MAPP)**

## **Leader Certification Workshops**

Caring for Our Own is an educational/group support program for relative/kinship caregivers. Through nine meetings, relative caregivers are provided with information about services and resources available, receive support from other caregivers, develop ongoing support networks, build skills to better parent the children in their homes, and learn to manage and enhance their relationship with birth parents and agencies. Leaders will learn how to effectively create and support a support group environment.

**Workshop Length:** 4 days

**Prerequisite:** None

### **Content of CFOO/MAPP:**

Meeting 1: Introduction to Caring for Our Own

Meeting 2: Assessing the Impact of the Children Living in My Home

Meeting 3: Looking at My Role in Achieving Permanency

Meeting 4: Assessing the Strengths and Needs of the Children in My Care

Meeting 5: Building on the Strengths and Meeting the Needs of the Children in My Care

Meeting 6: Preparing Children and Youth for the Future

Meeting 7: Understanding the issues of Birth Parents

Meeting 8: Working with Birth Parents to Achieve Permanency for Their Children

Meeting 9: Networking and Moving Ahead

### **How to Use CFOO/MAPP:**

The nine educational support group meetings are designed to be conducted sequentially once a week.